



Wolf Pack adjusts to 3-day exercise

See pages 6 and 7

## **News Briefs**

#### Air conditioning, heat

The 8th Civil Engineer Squadron began turning off comfort air conditioning systems Monday in preparation for the heating season. Only mission essential facilities requiring equipment cooling will be exempt. 8th CES expects to have the heating systems operating at full capacity around Nov. 15. For more information, call Senior Master Sgt. Vincent Garrett at 782-7979.

#### **NEO** exercise

There will be a noncombatant evacuation operation exercise Thursday 8 a.m. to 4 p.m. and Oct. 24 from 8 a.m. to noon, at the Loring Club. All Department of Defense affiliated noncombatants and family members are required to process. Members should bring identification cards, passports and NEO packets. For more information, call the family support center at 782-5644.

#### Air Force approves LASIK

The Air Force's "warfighter" corneal refractive surgery program expanded its services to include laser-in-situ-keratomileuis, or LASIK, for qualified people at its centers. Gen. T. Michael Moseley, Air Force vice chief of staff, approved a memorandum written by Lt. Gen. George "Peach" Taylor Jr., Air Force surgeon general, announcing the immediate start of the expanded program. LASIK will be offered to airmen who are not considered aviation and special-duty personnel. Airmen seeking more information on the procedures should contact their installation eye-care professional.



Airmen complete 25,000-foot jump Tech. Sgt. Steven Filby has a safe landing at Fairchild Air Force Base, Wash. after parachuting more than 25,000 feet from a C-17 Globemaster III. Filby is the personal parachute program manager for Fairchild's 336th Training Group.

#### Ribbon recognizes those deployed

Secretary of the Air Force Dr. James Roche has approved award of the Air Force Expeditionary Service Ribbon to recognize service members support of air and space expeditionary force deployments. The AFESR will be awarded to Air Force active-duty, Reserve and Guard people who completed a contingency deployment after Oct. 1, 1999, according to officials. To qualify for the award, individuals must have deployed for 45 consecutive days, or 90 non-consecutive days, in a deployed status.



**ROLL OUT:** An 80th Fighter Squadron F-16s taxis in preparation for take off on a routine training mission. The 80th FS deployed several aircraft and pilots in support of Cope Taufan at Kuantan Air Base, Malaysia to get dissimilar air combat training.

# Wolf Pack deploys to Malaysia

By Staff Sgt. Robert Wollenberg 8th Fighter Wing Public Affairs

A team of F-16s deployed Saturday in support of Cope Taufan, a joint training exercise at Kuantan Air Base, Malaysia.

More than 75 Wolf Pack members from the 80th Fighter Squadron, 8th Aircraft Maintenance Squadron, 8th Maintenance Squadron, 8th Security Forces Squadron, 8th Operations Support Squadron and 8th Civil Engineer Squadron deployed to Kuantan AB, Oct. 6 in support of the exercise.

Cope Taufan is a joint exercise between the Royal Malaysia air force and the United States Air Force, which has been going on for over a decade.

"This exercise provides our fighter pilots the rare opportunity to fly against the MiG-29 aircraft of the RMAF. The MiG-29 is one of the most capable adversary aircraft in the world today. This opportunity is unique since very few countries friendly to the United States possess these jets," said Lt. Col. Kevin Schneider, 80th Fighter Squadron commander.

The initial phase of the deployment began with a site survey of Kuantan AB in August.

"We sent a small team of pilots and maintenance personnel to the base in August to determine what facilities and equipment would be available to us during the temporary duty assignment. Since that time, our main focus has been to develop a load plan for both cargo and personnel that would ensure we brought the right mix of equipment and people," Colonel Schneider said.

Maj. Jeffrey Lee, 80th FS assistant director of operations, added, the discussions during the site survey included standard airfield operations, beddown specifics and force protection issues.

"I translated that information into a local area orientation briefing, which, combined with a host of other operating procedures, was delivered to the pilots as part of our preparation," Major Lee said. "The whole thrust of this effort is to get the pilots fully prepared to hit the ground running. They will show up in country ready to train, familiar with local area procedures, knowledgeable about their adversaries, and aware of their surroundings from a force protection stand point."

One of the challenges, according to Colonel Schneider, is making sure enough supplies are taken for all 12 days since the deployment is happening so far away from Kunsan.

"All of this is limited by the fact that we have to move more than 75 people,

see DEPLOY, page 3-

# **Perspective**

# vision: The critical leadership element

By Maj. Jeff Keef

8th Mission Support Squadron commander

Not too long ago, I drove across the Chesapeake Bay Bridge and marveled at the engineering feat it represented. Here's a bridge that took me over 20 minutes to cross — a structure over 23 miles long.

Before the first person crossed that bridge. before the bridge was built, before the plans were drawn up, before someone even decided what kind of bridge was needed to cross the gap; someone had to look across the gap and decide it would be good to get people from this side to that side. As obvious as that step sounds, what it took was someone with a vision.

As the visionary saw there was something worthwhile on the other side and how it might benefit him and others to go to the other side, so a leader must have a vision to see what could be to see a destination worth the journey. A leader with vision sees opportunity and considers what could be. While the obstacle of the gap may be glaring and appear insurmountable to many of the casual surveyors, to the visionary leader, it's really not the

I'm convinced this element of vision is what really separates leaders from managers. Some would say, vision is a creative element that isn't learned but rather is gifted to an individual. While there may be some truth to that, there are some things an individual can do to enhance whatever amount of this creative ability with which he was gifted.

The obvious thing to do to enhance vision is to look around. If one doesn't survey the land, he probably isn't going to see opportunities. In fact, the person who is looking around is going to have to get his head out of the weeds; thus a leader will enhance his vision by getting out from the administrative responsibilities that comes with the big desk he sits at and will move through the organization as

well as around the outer edges of it. He'll find it necessary to step back from the grind from time to time allowing the dust to settle and his field of view to clear. He'll talk to people within the organization and those outside who interact with the organization. He'll study up and take note of opportunities other similar organizations are pursuing. He'll open his ears to those unlikely sources within the organization who will offer outlandish, but fresh ideas. Yes, sometimes vision is enhanced by good ears.

Is there a proper attitude that facilitates good vision? I think having a genuine concern for your people and the organization would be the right start. A vision usually entails a better state for your people or organization. Some would say there is not much you can do about this if the desire is not there. I contend this desire, to better their state, could be enhanced by getting to know them. It's only natural, as you really get to know someone, you invest yourself in them, and want to see improvement for them. The same can be said for the organization. Know its heritage, understand its mission, and maybe you will deepen your commitment to it. If having done that, you still can't find the motivation to better the organization or people, you need to step away from your leadership position.

Optimism is good for vision. I'm reminded of the value of optimism by a visionary leader, Joshua, whose account is in the Old Testament of the Bible. During the wanderings of the people of Israel in the desert, sometime after their exodus from captivity in Egypt, there came a time when they sent 12 spies to reconnaissance the land of Canaan, which was to be their conquest and ultimate destination. While all of the spies confirmed it was true the land did indeed "flow with milk and honey," 10 of the spies also reported it was occupied by powerful and large people who lived in large, fortified cities, and the people of Israel would be like "grasshoppers" in comparison, who would be devoured if they dared

attack. On the other hand, two of the spies, Joshua and Caleb, were convinced the land was theirs for the taking as it had been promised. They encouraged the people to not be afraid of the people who currently inhabited the land. As the account goes, out of those 12, only Joshua and Caleb actually enter this "promised land" several years later. Eventually, the optimistic Joshua was chosen to succeed Moses, and under his optimistic leadership the Hebrew people conquered the land of Canaan.

Have courage to take the first step — take a risk for what you believe in. Not only did Caleb and Joshua have an optimistic vision, but also they were courageous in maintaining their vision under threat of death by stoning. It takes courage to maintain a vision — particularly if it's not popular. Move ahead a few thousand years and consider the man, Col. John Warden. Colonel Warden had a vision about the direction airpower should take. His vision was captured in the strategy he devised for an air campaign for the Gulf War. But his peers didn't share his vision. In fact, many ridiculed the idea. He carried the plan to United States Central Command Air Forces against the passive resistance of a superior who didn't share his vision and was thrashed by the CENTAF commander. Colonel Warden did not back down from his vision, and much of his plan was adopted for the conduct of the Gulf War with results vindicating much of what he had envisioned, and thus a colonel indirectly led the U.S. Air Force and a multinational coalition by courageously standing by his vision.

While you might think this vision I'm talking about only applies to those in senior leadership positions, I assure you it applies to anyone who wants to lead. The NCO in charge needs to have a vision for his shop and for each of his subordinates as well. As a leader in the home, the father or mother, should have a vision for the future of the children. Most of us are leading an organization, a team, or other people. Have a vision for their future.

# **ACTION LINE** 782-5284

#### action.line@kunsan.af.mil



Col. Robin Rand Commander, 8th Fighter Wing

The Action Line is your direct line to me. Use it if you have concerns or suggestions about the Wolf Pack that can't be resolved through the agency involved or your chain of command. When you call, please leave your name, a phone number where you can be reached and a brief description of your problem or concern. You can also send an e-mail to action.line@kunsan.af.mil.

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Law Enforcement Desk Legal Assistance Military Equal Opportunity	782-4944 782-4283 782-4055
Law Enforcement Desk. Legal Assistance Military Equal Opportunity Military Pay	782-4944 782-4283 782-4055 782-5574
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Law Enforcement Desk	782-4944 782-4283 782-4055 782-5574 782-5276 782-4014 782-2666 782-4522



Q: Good morning Sir, I would like to know if there's anything you can do to get the Puerto Rican flag back among the base union flag display? Having commemorated the Hispanic Heritage Month, this flag would be a very significant and meaningful display for our small Hispanic community.

This will be a great tribute to those who fought in the Korean War, but more so to those who paid the ultimate sacrifice. Also, it will inspire others to follow.

In November 2002, I spoke to a member from the 8th Civil Engineer Squadron, and he explained the reasons why the flag was not there. He committed to purchasing and having it on display after the spring exercise. Since this did not happen, I spoke to other 8th **CES** representatives who informed me the pole was on order. It's been almost a year since we engaged in this process. Thank you.

A: We do think it's a great idea and feel all the districts, territories and possessions with flags (American

Monthly Sortie Goals

Somoa, Commonwealth of the Northern Marianas, District of Columbia, Guam, Micronesia, Puerto Rico, and the Virgin Islands) should be recognized for their contributions to the United States in times of war and peace. Unfortunately, we can't explain what happened to the original request for the Puerto Rican flag. This underscores the need to follow the existing work request procedures by calling 8th CES Customer Service at 782-5318 or submitting an Air Force Form 332, Request for Work. This process ensures the establishment of a work order number we can then track verses getting verbal commitment which may never be loaded into the system.

A new work order (# Q4768) was opened following your call Aug. 5. This type of work is considered a routine work request and with the typhoon, end-of-year closeout, and other events, it simply has not been executed at this point. 8th CES will modify the existing work order to increase the number of flag poles to 57 so we can proudly display all the

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Accept follow-on force

Take the fight North

Staff Sgt. Robert Wollenberg Editor Defend the base

Senior Airman Cat Trombley Staff Writer

authorized publication for members of the U.S. military services overseas. Contents of the WOLF PACK WARRIOR are not necessari-

#### Content

The editorial content is edited, prepared, and provided by the 8th Fighter Wing Public Affairs office of Kunsan Air Base, Republic of Korea. All photographs are Air Force photographs unless otherwise indicated.

#### **Submissions**

Deadline for submissions to the WOLF PACK WARRIOR is noon Thursdays for the next week's edition. Submission does not guarantee publication. The staff reserves the af.mil, or by fax at 782-7568.

This funded Air Force newspaper is an right to edit all submissions to conform to Air Force journalism standards, local style, and available publication space. Submissions should be e-mailed to wolfnackwarriora ly the official view of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force. With the Mark Torce of the Department of the Air Force.

Unit

35th FS

#### **Contact Us**

People with questions, comments, sug-gestions or submissions can contact the public affairs office at: 8th FW/PA PSC 2 Box 2090 APO AP 96264-2090

## We can also be reached by phone at 782

#### 173 80th FS 364 117 8th FW

### **Community standard**

During hours of darkness, everyone wearing a military uniform will wear a reflective safety belt or vest while outdoors. For the purpose of this rule, hours of darkness begin 15 minutes before sunset and end 15 minutes after sunrise. The only exception is uniformed security forces personnel when on duty, including augmentees. Personnel wearing civilian attire are also highly encouraged to wear reflective gear.

# Wolf Pack helps keep environment clean

8th CES kicks off program to encourage Wolf Pack to recycle

By Senior Airman Cat Trombley 8th Fighter Wing Public Affairs

A new program started Wednesday, one that will allow Wolf Pack members the opportunity to help the environment of the host nation they reside in.

"South Korea has recognized for a number of years that a vigorous recycling is effort needed to be promoted nationwide to help save limited resources," said Peter Nebel, 8th Civil Engineer Squadron.

"Recent changes to local policy have given our base

the opportunity to participate in the recycling effort."

The 8th CES said their new program is easy for wing members to participate in.

"We modeled our program after the ones that are in place in the United States," said 1st Lt David Lin, 8th CES.

Mr. Nebel believes they have made it as easy as possible.

"New receptacles will be conveniently placed in office buildings and in the dormitories. All a person needs to do is put the recyclable trash in the correct receptacle," Mr. Nebel said.

He also said just about anything can be recycled, with the exception of food and food contaminated waist.

"You can recycle metals, plastics, paper, glass and trash. An example of trash is domestic batteries," Mr. Nebel said.

Mr. Nebel and Lieutenant Lin believe through the new program, two to three tons of waste will be productively recycled a day.

"Recycling has always been an important to take care of the environment, no matter where you are. We cannot just forget our environmental responsibilities because we are in another country. We must take care of the environment no matter where we live," said

Lieutenant Lin.

#### Kunsan Recycling Program Recyclable items will be collected in separate transparent trash bags and placed in the Recycling dumpster marked with universal recycling logo. SEGREGATION CHART Categories Items Description Glass Bottles and Jars Take officaps and rinse out any food/liquid PETE/PET Rottles Take officaps and rinse out anyliquid Plastics Recyclables Food & Drink Cans Rinse out any food/liquid Metals Must be flattened and placed Cardboard Stack Wooden Pallets neatly placed beside dumpster **Pallets** Paper

# **Surveying Air Force improvements**



MAKING THE AIR FORCE A BETTER PLACE TO BE: Chief Master Sgt. Eric Johnson, 8th Fighter Wing command chief, takes the 2003 Air Force Chief of Staff Climate Survey online in his office Oct. 10. The survey is available through Nov. 23 and is a method for Air Force members to elevate issues directly to Air Force leaders all the way up to the Chief of Staff anonymously. Survey results will be used by commanders to create a better working environment and improve unit performance. Actions taken at Kunsan based on previous surveys include members returning from an overseas short assignment on the Korean peninsula are exempt from an air and space expeditionary force deployment for six months. Also a significant number of new dormitories are being built here. The Survey takes approximately 30 minutes to complete and can be accessed online at <a href="https://afclimatesurvey.af.mil">https://afclimatesurvey.af.mil</a>. If you experience problems accessing or completing the survey, call your unit's survey point of contact or the Manpower office at 782-4020.

#### **DEPLOY**, continued from page 1

Put in a box or a

plastic bag

Products

Non-

Recyclables

with luggage, and all the maintenance equipment on five C-130s. Now that the C-130s have departed, we are focusing on the deployment sortie for the F-16s. It's a six-hour trip involving two KC-135 tankers and four air refuelings," he said

Any product that is not listed above (i.e. Products containing food waste, Yard Waste, etc.)

Milk Cartons, ect

Kunsan, unlike other fighter bases outside of the Republic of Korea, does not have a mobility tasking, adding to the complexity of this operation.

"All in all, it's been a heck of an uphill battle to get this deployment underway. Normal fighter squadrons arrive at Kunsan to take the fight north. We are a squadron with no mobility tasking, so there is no deployment debrief facility, no deployment checklists, no pre-assembled intelligence pallets, etc.," Major Lee said.

The pilot's goal, while deployed to Cope Taufan, is to improve their air-to-air combat skills. Sorties will focus on basic fighting maneuvers, single aircraft vs. single aircraft fights; air combat maneuvering, two aircraft vs. single aircraft or two aircraft vs. two aircraft fights; and dissimilar air combat training, scenarios including four aircraft vs. four aircraft and up to six aircraft vs. eight aircraft fights.

"Only Colonel Schneider and myself have ever squared off with real MiGs before. Realizing that in training, we simulate flying against MiGs all the time. But that only does so much good. What this opportunity will yield is a chance for 10 pilots to hone their skills. Now the MiGs will be real, only we'll both be shooting with cameras and radars, not guns and missiles," Major Lee said.

During the training exercise, the pilots will also train against RMAF F/A-18s.

"We've done this with the U.S. Navy and Marine Corps F/A-18s in the past," Major Lee said. "It provides an excellent tool to help pilots learn to exploit an adversary's weaknesses, while playing to your own strengths."

Cope Taufan not only gives the pilots a unique chance to learn, it also provides them an opportunity to maintain relations with an allied country.

"I've sat down and talked with [RMAF] pilots. They are no different than us when it comes to their love for their country, love of flying, and intense pride in their jets. This show of U.S. presence and this welcome by Malaysia is a positive example in the region. We hope to set good examples as ambassadors of the U.S. Armed Forces and as Americans in general," Major Lee said

The applications of Cope Taufan are prevalent in the Republic of Korea.

"Juvats may one day take the fight north. Is that the day you want each pilot to have his first encounter with a MiG-29? Maybe. This is how the deployment really benefits the Wolf Pack, the Air Force, and the Republic of Korea — it makes better pilots. I dare say we are already the premier fighter squadron in the combat air forces today. But every warrior, no matter how skilled, knows there is always room to improve," Major Lee said.

# NEWS

## **WOLF PACK**

### **Crime Watch**

#### Sept. 27:

Suicidal gestures — A senior airman from the 12th Security Forces Squadron from Randolph Air Force Base, Texas, called the security forces control center and said a civilian had called and said a member of the Wolf Pack was making suicidal gestures. A patrolman made contact with the member's first sergeant to get his dormitory and room number. Patrolmen made contact with the member by finally breaking a window. The member was taken to the clinic for evaluation by the life skills staff.

Loud noise complaint — An anonymous person called the SFCC to report a loud noise complaint in dormitory 1430. Two patrolmen were briefed and dispatched. They made contact with a staff sergeant and briefed him about the 24-hour noise discipline.

Government vehicle accident — A senior airman walked to the SFCC and said he'd hit a corner pole in 500-23 Changcheondong Seob Avenue. Damage to the vehicle consisted of a dent to the bumper and a hole punched in the bumper.

**Patrol response** — A staff sergeant called the SFCC and said she and five other people were stuck in an elevator at The Cowboy Club in Kunsan City. Two patrolmen and a translator were dispatched. Korean Fire Department members arrived on scene and pried the doors open.

**Medical response** — A security forces patrolman radioed the SFCC saying an airman was highly intoxicated at the Falcon Community Center and lying unconscious on the floor. Medics were briefed and dispatched. The airman was taken to the clinic for examination and released after sobering

#### Sept. 28:

**Escort violation** — An airman first class called the SFCC and said he saw a Canadian national trying to exit the base without a proper escort. Security forces tried to contact her staff sergeant escort, but was unable to find him.

Government vehicle accident — An airman first class radioed the SFCC and reported a traffic accident on the north loop restricted area entry control point. Patrolmen were briefed and dispatched. An investigation revealed the airman first class had been backing up without a spotter. Damage to the vehicle consisted of of the rear passenger side brake light being broken and the passenger side bumper edge being torn off the vehicle.

#### Sept. 29:

**Loud noise complaint** — An anonymous caller telephoned the SFCC to report loud noise coming from dormitory 1511. A patrolman was briefed and dispatched. The patrolman made contact with with a senior airman and briefed him on the 24-hour noise discipline.

#### Sept. 30:

Theft of private property — A security forces interpreter came to the SFCC to say an employee at the bike shop called to report a theft. A patrolman was briefed and responded. He was told by the employee that a man entered the shop about 1:30 p.m. and asked to look at various bicycle parts. She showed him some gears and he said they were too expensive and left. Then she noticed the gears missing.

#### Oct. 1:

**Damage to government vehicle** — A technical sergeant came to the SFCC to say there was damage to a green bucket truck. The technical sergeant said the damage con-

sisted of a hole in the bucket on the passenger side of the vehicle and a dent on the rear bumper on the driver's side.

#### Oct. 2:

Theft of government property — A senior airman walked into the SFCC to report his green load bearing equipment, a pair of handcuffs, one whistle, two ammo pouches, one handcuff case, one compass and a compass case with a value of \$120 was missing. The senior airman said he'd left his gear at the security forces armory next to a clearing barrel. When he went back to get it, it was gone.

Vehicle accident — A security forces squadron interpreter reported that on his way home from work, he saw an Army and Air Force Exchange Service taxi and a Korean National Police car on route 26 and stopped to see if they required his assistance. He was told the taxi driver had hit a female Korean national on a bicycle. He was told there were two Americans in the AAFES taxi who got out and into another cab to return to the installation. The Korean national was taken to the hospital and her injuries were unknown.

#### Oct. 3:

**Government vehicle accident** — A staff sergeant called the SFCC to report a traffic accident at building 1305. A patrolman was briefed and dispatched. An investigation revealed the staff sergeant backed into a cement pole without using a spotter when leaving building 1305.

Medical response — An airman called the SFCC to report an Army private was lying unconscious on the sidewalk outside building 1305 and appeared to be overly intoxicated. A patrolman was briefed and dispatched, along with medical personnel. The private regained consciousness and was examined at the scene. No injuries were discovered

**Loud noise complaint** — An anonymous person called the SFCC and relayed there was loud noise coming from dormitory 1401. A patrolman was briefed and dispatched. He made contact with a staff sergeant and briefed her on the 24-hour noise discipline.

#### Oct. 4:

Damage to government property — An airman first class called the SFCC and said a metal piece to a pole holding the cable at the North Gate had been damaged. A patrolman was briefed and dispatched. The airman said he saw a gray van hit the cable, pulling the a metal piece out. A second airman first class said the van driver had been told to stay put but didn't.

**Damage to private property** — An airman first class called the SFCC and said a senior airman had broken a door inside the Hill Top Club. The owner said the airman made a private settlement of 50,000 won.

**Loud noise complaint** — A senior airman called the SFCC and said there was loud noise coming from dormitory 1303. A patrolman was briefed and dispatched. The patrolman made contact with a specialist and briefed him about the 24-hour noise discipline

**Loud noise complaint** — An anonymous caller telephoned the SFCC to report loud noise coming from dormitory 618. A patrolman was briefed and dispatched. The patrolman made contact with a staff sergeant and briefed him on the 24-hour noise discipline.

**Government vehicle accident** — An airman first class radioed the SFCC and reported a bird had flown into his windshield. Damage consisted of a cracked windshield

Theft of private property — An anony-

mous caller telephoned the SFCC and said an unknown person had played his credits on a slot machine. Patrolmen were briefed and dispatched. An Army specialist told the patrolmen he'd been playing the Black Widow slot machine and had 1,344 credits on it when he went to smoke. He asked a Korean woman to watch his machine while he was gone. When he came back, the credits were gone. The Korean woman told him someone claiming to be his friend played the credits

**Found property** — A security forces staff sergeant turned in one set of keys consisting of an arrow choice key, two woo chong keys, one American Lock key, two fortress keys, one belt clip and one horseshoe shaped key charm to the SFCC.

#### Oct. 5:

**Damage to government property** — A staff sergeant called the SFCC and reported he had found a broken window in a hallway door in dormitory 616 while performing blackout procedures.

#### Oct. 6:

**Medical response** — An airman first class called the SFCC and said he was pulling the stop cable at Charlie 1 when a piece of the cable punctured his thumb and became lodged. Patrolmen were briefed and dispatched. A master sergeant also arrived and determined the cable would have to be cut and the airman taken to the clinic to have the cable removed.

Helping hand — A technical sergeant called the SFCC and reported a female Korean national had gained access to the restricted area through Taxiway Charlie near Taxiway Foxtrott. He said he had her detained on Taxiway Charlie. The female Korean national said she became lost traveling from the 80th Fighter Squadron to the 35th Fighter Squadron. Noticing a vehicle in the restricted area, she drove towards it to ask for directions. She said she didn't know she couldn't drive that way.

Escort violation — An airman first class called the SFCC and said he was performing a stop, check and pass in front of the Jet Stream. He approached a vehicle and asked for identification cards. The Korean nationals failed to provide valid ID cards and one said his escort was somewhere else. Patrolmen were briefed and dispatched. The escort was found and briefed on proper escort procedures.

Damage to government property — A senior airman called the SFCC and said the buzzer box for gate entry to building 416 was bent and mangled. A patrolman was briefed and dispatched. The airman said the box was fine before Alarm Blue and after they had general release, he noticed a side view mirror under the buzzer box. He said he hadn't seen any vehicle hit the buzzer box.

Government vehicle accident — An airman first class called the SFCC and said a HMMV had been damaged. A patrolman was briefed and responded. The airman said she was exiting the North POL Gate when her passenger side mirror struck the gate, breaking the mirror.

Damage to government property — A staff sergeant called the SFCC and said a highly multi-purpose vehicle had been damaged. A patrolman was briefed and dispatched. An airman first class said he parked the vehicle in back of building 2834. He said he left the vehicle, per Exercise Evaluation Team, to process through the exercise morgue. At that time, the vehicle wasn't damaged. When he returned, it was damaged. Damaged consisted of a dent to the rear passenger side quarter panel 12-inches in length, 9-inches tall and 4-inches deep.

Government vehicle accident — A senior airman called the SFCC and reported a petroleum oil and lubricants truck was damaged. A patrolman was briefed and dispatched. An airman first class said he was backing the vehicle when he hit a light on the wall of hardened aircraft shelter 2428. Damage consisted of paint transfer to the passenger side fuel tank.

**Medical response** — An airman first class called the SFCC saying a technical sergeant was having trouble breathing at building 2715. Patrolmen were briefed and dispatched. Medics arrived and transported the technical sergeant to the clinic for observation.

#### Oct. 7:

Government vehicle accident — A staff sergeant called the SFCC and reported a traffic accident. A patrolman was briefed and dispatched. A senior airman driving a 10-ton tractor trailer had hit a small Republic of Korea munitions trailer. Damage to the 25-foot trailer consisted of the toolbox being badly bent and paint being scratched off. The ROKAF munitions trailer didn't sustain any damage.

Patrol response — A staff sergeant called the SFCC and reported an unknown Korean national in front of building 1305 with an object that resembled a knife. Patrolmen were briefed and dispatched. An investigation revealed the Korean national to be a Republic of Korea army lieutenant.

#### Oct. 8:

**Government vehicle accident** — A senior airman walked into the SFCC and reported she had backed an armored HMMV into a defensive fighting position at the seawall. Damage consisted of the a dented passenger bumper and cracked rear light.

Loud noise complaint — An anonymous caller telephoned the SFCC to report loud noise coming from dormitory 1303's second story day room. A patrolman was briefed and dispatched. The patrolman made contact with a senior airman and briefed him on the 24-hour noise discipline.

**Loud noise complaint** — A senior airman called the SFCC and said there was loud noise coming from dormitory 614. A patrolman was briefed and dispatched. The patrolman made contact with a senior airman and briefed him on the 24-hour noise discipline.

**Loud noise complaint** — A senior airman called the SFCC and said there was loud noise coming from dormitory 618. A patrolman was briefed and dispatched. The patrolman made contact with a staff sergeant and briefed him on the 24-hour noise discipline.

Loud noise complaint — A senior airman called the SFCC and said there was loud noise coming from dormitory 1408. Patrolman were briefed and dispatched. The patrolmen made contact with a staff sergeant and briefed her on the 24-hour noise discipline.

#### Oct. 9:

**Government vehicle accident** — A staff sergeant called the SFCC and reported while driving on Avenue A, he was making a turn and a senior airman tried to get by him. The airman got too close to the barrier and scraped the side of his truck. Damage to the KIA Rhino consisted of about five scrapes on the drive-side.

**Sexual assault** — A master sergeant called the SFCC and said one of his troops had allegedly been sexually assaulted. Patrolmen were briefed and dispatched.

**Loud noise complaint** — An anonymous caller telephoned the SFCC and said there was loud noise coming from dormitory 616. A patrolman was briefed and dispatched. The patrolman made contact with an airman first class and briefed him of the 24-hour noise discipline.

**Loud noise complaint** — An airman first class called the SFCC and said their was loud noise coming from dormitory 1303. A patrolman was briefed and dispatched. The patrolman made contact with a senior airman and briefed him of the 24-hour noise discipline.

**Loud noise complaint** — A staff sergeant called the SFCC and said there was loud noise coming from dormitory 1407.

see BLOTTER, page 5



**WATCH OUT:** An airman tries to knock down a target during the Firefighter Combat Challenge Saturday with a 150 foot section of 1.75 inch handline. The challenge was open to the base and was held in honor of Fire Prevention Week which ran from Oct. 4 through Saturday. The winning team was the explosive ordinance flight.

# Congratulations to Kunsan's lieutenant colonels selects

Maj. Jeffrey Keef, 8th Mission Support Squadron commander

Maj. Marc Piccolo, 8th Services Squadron commander

Maj. Amy Arwood, 8th Communications Squadron commander

#### BLOTTER, continued from page 4

Patrolmen were briefed and dispatched. The patrolmen made contact with a senior airman and briefed him of the 24-hour noise discipline.

#### Oct. 10:

**Vandalism** — A technical sergeant called the SFCC and said there was vulgar language written in blue marker on the first floor stairwell wall by the side entrance of building 1408 and in the main entrance. The technical sergeant said there also were vulgar statements written on dry erase boards on the third and

Found property — A specialist walked into the SFCC and said he had information about a previously reported theft of personal property. A patrolman was notified and responded. Recovered was one white Apple ibook laptop computer valued at \$1,300.

**Loud noise complaint** — A technical sergeant called the SFCC and said there was loud noise coming from dormitory 620. A patrolman was briefed and dispatched. The patrolman arrived and found no noise

**Article 128, Assault** — A staff sergeant radioed the SFCC and reported an assault had taken place behind the Falcon Community Center. An airman first class said he was outside the recreation center when a senior airman allegedly swung at him with a closed fist. The airman first class went on to say he did not swing back. A senior airman with the airman first class stated he pulled the other senior airman off and walked him away. Other witnesses also gave written statements to the responding patrolmen.

#### Oct. 11:

**Article 128, Assault —** A technical sergeant walked into the SFCC and said a staff sergeant had allegedly assaulted him in America Town the night before. A second technical sergeant had witnessed the alleged assault take place and was called in to make a

**Escort violation** — An anonymous caller called telephoned the SFCC and said a retired military member was attempting to escort a Chinese national on the

Found property — A senior airman turned in a Fleet total access Visa debit card into the SFCC.

Medical response — A master sergeant radioed the SFCC and relayed an airman first class was highly intoxicated and passed out in the 8th Civil Engineer Squadron lounge. Patrolmen were briefed and dispatched. Medical personnel were also briefed and dispatched. The airman first class was transported to the clinic for further examination and was later released to his first sergeant.

Article 128, Assault — An anonymous caller tele-

phoned the SFCC and said there was a fight at the Falcon Community Center. Patrolmen were briefed and dispatched. The patrolmen came into contact with two airmen first class who said a senior airman approached them and threatened to fight them. The airmen first class walked away when the senior airman allegedly attacked one of them by hitting him with a closed fist and head butted him. The senior airman's girlfriend pulled him away and took him home.

**Disorderly conduct/Indecent exposure** — An anonymous caller telephoned the SFCC and said there was a person outside dormitory 1418 with no clothes on running around outside. Patrolmen were briefed and dispatched. When they arrived, they saw a senior airman running around with no clothes on. He was taken to the law enforcement desk for further processing.

#### Oct. 12:

#### Article 134, Fleeing the scene of an accident -

A staff sergeant called the SFCC and said a government vehicle had a dent to the front driver side fender, but was unaware of how the damage occurred. A patrolman was briefed and dispatched. An airman had noticed the damage a day earlier and reported it to a senior airman. The senior airman thought the damage had already been reported. An airman first class, who was the last person to sign the vehicle out before the damage occurred, was escorted to the office and charged with Article 134, fleeing the scene of an accident.

Fire response — An airman called the SFCC and said there was a fire alarm going off in building 1408. Patrolmen were briefed and dispatched. An investigation revealed a staff sergeant cooking in the fourth floor dayroom left the food unattended and upon his return, a fire had started. There was no damage.

**Loud noise complaint** — An anonymous caller telephoned the SFCC and said there was loud noise coming from dormitory 1406. Patrolmen were briefed and dispatched. They made contact with a senior airman and informed him about the 24-hour noise disci-

**Disorderly conduct** — A staff sergeant called the SFCC and said an airman was urinating in the first floor day room of dormitory 1418. Patrolmen were briefed and dispatched. The patrolmen made contact with the airman and took him to the law enforcement desk for further processing.

Courtesy of the 8th Security Forces Squadron

Job: 8th Logistics Readiness Squadron NCO in charge of the allied

trades section in vehicle maintenance Duties: Maintaining a 599 vehicle fleet

Hometown: Toledo, Ohio

Follow-on: Lackland Air Force Base, Texas

**Hobbies:** Playing the drums Favorite music: Country

Last good movie you saw: "9th Gate"

Best thing you've done at Kunsan: Visited a local orphanage



Staff Sgt. Kenneth Nighswander

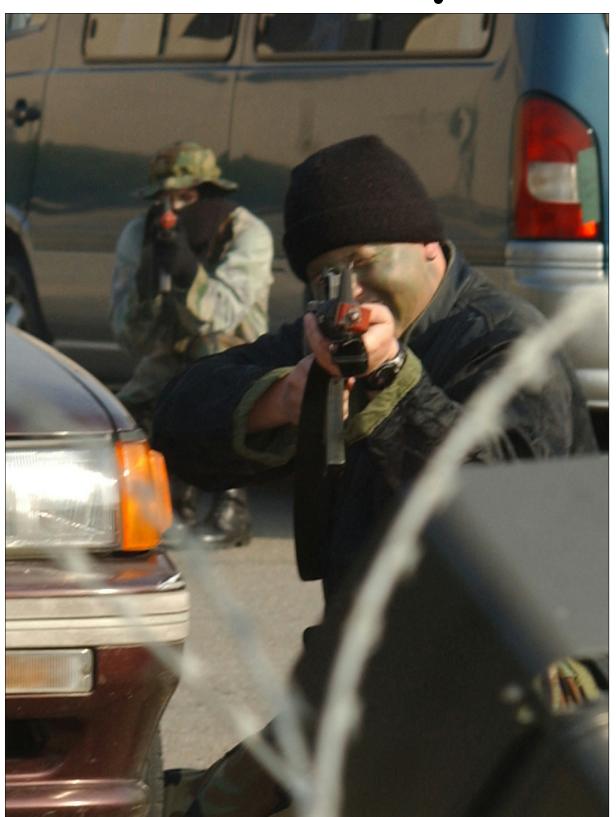
"Sergeant Nighswander has made a positive impact to the squadron from the moment he arrived on station. His never say die attitude was apparent when he saved serviceable parts from vehicles destined for salvage, saving the Air Force \$5,000 in new part replacement and innumerable hours of vehicle downtime. He embodies the core values. In June he was diagnosed with cancer. He was sent to Hickam Air Base, Hawaii, for treatment. While there, he was given the opportunity to PCS to his next duty station and still receive the short tour credit. He displayed service before self by declining because, as he said, he still had unfinished business with the Wolf Pack. He displayed excellence in all we do when he fabricated a new bracket to replace a broken on on one of the patriot launchers. His efforts ensured 100 percent air defense capability for Kunsan. Sergeant Nighswander lives and breathes success in all he does, no matter the obstacles.

Master Sgt. Timmy Hiser

8th Logistics Readiness Squadron vehicle maintenance superintendent

## Integrity Service Excellence

# Three-day CERE: Differ



BAD BOYS: Pfc. Clinton Brinegar (front) and Pvt. Joshua Womack (back), 1/43rd Air Defense Artillery Echo Battery and opposition forces, take aim at 8th Security Forces Squadron members during an attack on the 8th Fighter Wing headquarters' building during the wing's combat employment readiness

Volf Pack members participated in

By Senior Airman Cat Trombley 8th Fighter Wing Public Affairs

Wolf Pack members participated in a different kind of combat employment readiness exercise Oct. 6 through 8.

Instead of the normal peninsula-wide exercise that lasts a week once a quarter, the wing had its own exercise that lasted three days.

"This CERE was faster paced with many events occurring simultaneously. Because it was a local exercise, it took a great deal of effort from many units on base to coordinate air space, intelligence, scenarios and targets," said Senior Master Sgt. Michael Ehnert, 8th Fighter Wing Inspector General's Office.

The reason for the change was due to the peninsula CERE being canceled.

"We did a local exercise because with the PENCERE canceled due to Osan Air Base's runway closure, a huge amount of time would have passed between exercises. The Wolf wanted a local exercise to help indoctrinate new people," said Maj. James Sprouse, 8th FW IG.

Sergeant Ehnert said the major difference with this exercise is it only consisted of the CERE; it didn't have the initial response readiness exercise.

"A three-day CE CERE portion of th two days are usually

Since the PENCE peninsula wide and participate in it, the obstacles to overcor CERE a success.

"My biggest con the script into the fl PENCERE we are g well in advance and script events like sc forces attacks so we shut down the flying said. "As it turned of the air space until a drove a lot of issues when we needed to alarm blue or condu Sergeant Ehnert, Ca and our exercise eva some great work to provide training for

Sergeant Ehnert challenges to overce

"From an exercise standpoint, develop 7th Air Force coord difficult because of assets," he said.



KNEELING BARRICADE: Airman 1st Class Travis Liebl, 8th SFS, takes position outside the 8th FW headquarters building during an OPFOR attack Oct. 6.



CALL IT IN: CPTF, calls in found on M-8



exercise Oct. 6.

TO THE RESCUE: Airman 1st Class Ken Nolan (on the ladder) and Staff Sgt. Brain Haymond, both of the 8th Civil Engineer Squadron, rescue Staff Sgt. Terrence Bunn, 8th CES, who is posing as a pilot, from an F-16 with a simulated collapsed front landing gear.



**HEAVY:** Staff Sgt. James Smith (left) and Senior Airman Matthew Kantola (right), both of the 8th Maintenance Operations Squadron, make sure a bomb is secure to the bomb lift truck while in mission oriented protective posture four gear.



RAPID RUNWAY: Airman 1st Class Noah around a simulated bomb crater's edge to

# rent for the Wolf Pack

RE roughly equals the e PENCERE, the first y IRRE," he said. EREs are planned all Air Force bases IG team had a few ne to make the local

cern was integrating ying schedule. For a given the air space can then build the uds and opposing don't completely g," Major Sprouse out, we didn't know week before. This from targeting to have the base in ct bugle calls. pt. Charles Podolak aluation team did make it happen and the Wolf Pack." said he too had a few

se evaluation team ing a script without ination was a little a lack of peninsula

Considering all the changes Wolf Pack members had to overcome, the IG team thinks the wing adapted very well.

"An aggressive attack schedule tasked many agencies with overlapping events, testing command and control. Overall, everyone adjusted to changing events well, while for the most part, basic ability to survive and operate response was very good," Sergeant Ehnert said.

Major Spouse also thought the wing overcame challenges very well.

"It was really amazing to watch how the Wolf Pack can overcome multiple hurdles that were thrown at every level, from airmen basics to colonels. The fun part for me was watching people come up with solutions we hadn't even considered," he said.

The IG team stresses the importance of challenging the wing during a CERE.

"Although stereotypical scenarios are inevitable, we're striving for innovative new events ideas from our EET members to eliminate predictability from exercises." Sergeant Ehnert said.

"We welcome ideas for scenarios from any organization on base. If anyone wants to offer up training ideas, talk to your EET representative about it," Major Sprouse added.



**HELP IS HERE:** Master Sgt. Karen Harris, aids Staff Sgt. Frances Sanchez, both of the 8th Comptroller Flight, after a bomb attack on the building.



**OPFOR:** Private Womack provides cover for OPFOR members from the second floor landing outside the 8th FW headquarters building during the wing's CERE Oct. 6.



Staff Sqt. Jess Houk. 8th a strange substance paper during the CERE.



ROLLIN', ROLLIN': Airman 1st Class Brett Wold, 8th Civil Engineer Squadron, compacts base course material with a roller to repair a simulated bombed crater on the runway.



JUVATS: An 80th Fighter Squadron F-16 taxis to the runway as its pilot does the squadron's visual greeting "two snakes" at another Juvat pilot.



BOMBS AWAY: Staff Sgt. James Smith, 8th MOS, loads a GBU-12 onto an F-16 Fighting Falcon Oct. 7.



Lefebvre, 8th CES, cleans prepare it for the roller.

# AT EASE



### Friday

**Free food night** The Loring Club offers baked chicken 6 to 9 p.m. for club members.

**Smorgasbord buffet** The Loring Club offers a lunchtime super smorgasbord from 11 a.m. to 1 p.m.

**Howlin' Bowl** The Yellow Sea Bowling Center offers Howlin' Bowl starting at 6 p.m. The cost is \$6 per person.

Midnight breakfast The Loring Club offers midnight breakfast 11 p.m. to 2:30 a m

**Karaoke** The Falcon Community Center offers karaoke 8 p.m. to midnight.

Wolf Pack Wheels Departs Kunsan for Osan at 7:30 a.m and 6 p.m. Busses depart Osan at 6 and 10 p.m. Tickets are \$12.50 for general Wolf Pack members or \$11.50 for special consideration of airman morale one way, and \$25 or \$23 round trip.

## Saturday

Wolf Pack Wheels Departs Kunsan for Osan at 7:30 and 10 a.m. Busses depart Osan at noon and 4 p.m. Tickets are \$12.50 for general Wolf Pack members or \$11.50 for special consideration of airman morale one way, and \$25 or \$23 round trip.

**Midnight breakfast** The Loring Club offers midnight breakfast 11 p.m. to 2:30

**E-Mart trip** The Falcon Community Center hosts a shopping tour to E-Mart in Kunsan City. Busses depart the base at 10 a.m., noon, 2 and 4 p.m. Busses return to base at 1, 3 and 6:30 p.m. The cost is \$2. For more information, call 782-4619.

**Latin night** The Loring Club offers Latin night in the ball room.

**Nine-pin no tap tournament** The Yellow Sea Bowling Center offers a nine pin, no tap tournament at 6 p.m. The cost is \$15

### Sunday

**Brunch Extravaganza** The Loring Club offers entrees and side dishes for Sunday brunch 10:30 a.m. to 1 p.m. The price is \$11.95 per person for club members.

**B-I-N-G-O** The Loring Club offers bingo at 2 p.m. For more information, call 782-4575 or 782-4312.

**Dart tournament** The Loring Club hosts a dart tournament at 7 p.m.

**Best of 10 free throw** The Falcon Community Center sponsors a best of 10 free throw competition at 2 p.m. The winner receives a phone card.

Wolf Pack Wheels Departs Kunsan for Osan at 7:30 a.m. and noon. Busses depart Osan at noon and 6 p.m. Tickets are \$12.50 for general Wolf Pack members or \$11.50 for special consideration of airman morale one way, and \$25 or \$23 round trip.

**E-Mart trip** The Falcon Community Center hosts a shopping tour to E-Mart in Kunsan City. The busses depart the base at 10 a.m., noon, 2 and 4 p.m. Busses return to base at 1, 3 and 6:30 p.m. The cost is \$2.

## Monday

**Movie madness** The Falcon Community Center offers a double feature movie madness at 6 p.m.

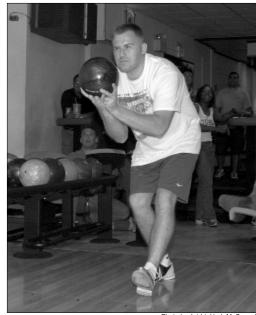
**9-Ball tournament** The Loring Club offers a 9-Ball tournament at 7 p.m.

**50-cent pizza** The Loring Club offers 50-cent pizza 6 to 8 p.m.

Wolf Pack Wheels Departs Kunsan for Osan at 7:30 a.m. and 1 p.m. Busses depart Osan at noon and 6 p.m. Tickets are \$12.50 for general Wolf Pack members or \$11.50 for special consideration of airman morale one way, and \$25 or \$23 round trip.

Couples' bowl The Yellow Sea Bowling

# BOWLING



Bowling: 1st Lt. Givey Kockanowski, 8th Logistics Readiness Squadron, starts his approach down the alley recently. The bowling center has specials every night of the week except for Wednesdays and Tuesdays due to intramural league nights. For more information, check out the "7 days forecast" or call the Yellow Sea Bowling Center at 782-4608.

Photo by 1st Lt. Herb McCor

Center offers couples' bowling. Bowling and shoe rental are half price.

## Tuesday

Wolf Pack Wheels Departs Kunsan for Osan at 7:30 a.m. and 1 p.m. Busses depart Osan at noon and 6 p.m. Tickets are \$12.50 for general Wolf Pack members or \$11.50 for special consideration of airman morale one way, and \$25 or \$23 round trip.

**8-Ball Pool tournament** The Falcon Community Center offers an 8-Ball Pool tournament at 7 p.m. The winner receives a phone card.

**Discount bowling** The Yellow Sea Bowling Center offers discount bowling. The cost is \$1 a game.

**Football Frenzy** The Loring Club offers Monday night football at 6:30 p.m. in the enlisted lounge. The night features hotdogs for 50 cents, \$2 Kun burgers, and prizes.

## Wednesday

Wolf Pack Wheels Departs Kunsan for Osan at 7:30 a.m. and 1 p.m. Busses depart

Osan at noon and 6 p.m. Tickets are \$12.50 for general Wolf Pack members or \$11.50 for special consideration of airman morale one way, and \$25 or \$23 round trip.

**Free food** The Loring Club offers club members a red devil chili bar 6 to 9 p.m.

**Country night** The Loring Club hosts country night.

### Thursday

**Two for one** The Loring Club offers two for one steak 5:30 to 8:30 p.m.

**Darts 301** The Falcon Community Center offers Darts 301 at 7 p.m. The winner receives a phone card.

**Wolf Pack Wheels** Departs Kunsan for Osan at 7:30 a.m. and 1 p.m. Busses depart Osan at noon and 6 p.m. Tickets are \$12.50 for general Wolf Pack members or \$10.50 for special consideration of airman morale one way, and \$25 or \$23 round trip.

Submit events for 7-Days by sending an e-mail to wolfpackwarrior@kunsan.af.mil.
Submissions must include time, date, place, point of contact and phone number.

# MOVIES

#### Saturday

"Matchstick Men" (PG-13) 7 and 9:30 p.m.

#### Sunday

"Marci X" (R) Starring Lisa Kudrow and Damon Wayans. 6 and 8:30 p.m.

#### Tuesday

"Marci X" (R) 8 p.m.

#### Wednesday

"Grind" (PG-13) Starring Mike Vogal and Adam Brody. 8 p.m.

#### **Thursday**

"Grind" (R) 8 p.m.



## **Today**

"Matchstick Men" (R) Starring Nicholas Cage. 7 and 9:30 p.m.

# Birthday meal



The O'Malley Inn Dining Facility offers a birthday meal Sunday at 6:15 p.m. for any-

birthday meal Sunday at 6:15 p.m. for anyone whose birthday is in October. Those celebrating a birthday and their guests can choose from steak, lobster or cornish hen for their birthday dinner.

# Student education folders

Base training and education services is no longer required to keep hard copies of student education folders and will keep pertinent informa-

tion in a computer database. Students are asked to pick up education folders from building 1051 for their records, during normal customer service hours. For more information, call 782-5148.



#### Education

**Scholarship** Children of Wolf Pack members may be eligible for the Boys and Girls Clubs of America Presidential Freedom Scholarship. The youth must be involved with a B&GCA, whether it is on a military installation or in a local community. Nominees must be juniors or seniors in the 2003 to 2004 academic year and must have provided 100 hours or more of exemplary service to the community. The B&GCA must submit the application

**Teachers needed** The education center needs teachers. Many enlisted members are trying to go to school here but often run into road blocks when it comes to course availability, mostly due to a lack of teachers. Without the luxury of many college professors, the education center must rely on the officer and enlisted corps to carry the load. For more information, call the University of Maryland at 782-4758 and Central Texas College at 782-5152.

**CDC testing** Career Development Course testing is Thursdays at 9 a.m. in building 1053, room 3. Unit training managers must make appointments for testing.

## Meetings

**AFSA** The Air Force Sergeants Association meets the second Tuesday of each month at 4 p.m. in the Loring Club Officers' Lounge.

**Focus 5/6** The Focus 5/6 welcomes Air Force and Army E-5s and E-6s to meet the second Wednesday of each month at 3 p.m. at the Loring Club.

**Top 3** The Kunsan Top 3 meets the second Wednesday of each month at 4 p.m. at the Loring Club.

Airman's Advisory Council The Airman's Advisory Council meets the last Tuesday of the month at 3 p.m. in the Loring Club Officers' Lounge. All airmen, E-1 to E-4, are invited to attend.

#### **FSC**

**Return and reunion** The family support center offers a return and reunion brief Tuesday at 3:30 p.m. in the theater. No registration is required. For more information, call 782-5644.

**Financial brief** The family support center offers a financial briefing for airmen E-1 through E-4 today from 4 to 4:30 p.m. in building 755, room 215.

 $\textbf{Jeonju City tour} \ \ \text{The family support}$ 

center offers a tour of Jeonju City Saturday at 9 a.m. The cost is 20,000 won and includes transportation and lunch. To register, call 782-5644.

## Volunteer Opportunities

**Sonlight Inn** The Sonlight Inn is looking for units to volunteer for Friday meals through the end of the year. If interested or for more information, call Senior Airman Jessica Duplantis at 782-4300.

**CISM peer counselors** The life skills support clinic seeks volunteers interested in becoming critical incident stress management counselors. Counselors will receive training. For more information, call 782-4562.

**Korean orphanage** Wolf Pack members interested in volunteering at the local Kae Chong Orphanage should meet in the military personnel flight parking lot Thursdays at 6:15 p.m. Transportation is provided. For more information, e-mail or call Airman Nathan Biles at 782-5960.

## Chapel

**Latter-Day Saint** Services are Sundays at 3:30 p.m. at the chapel.

**Catholic services** Mass is Saturdays at 5:30 p.m., Sundays at 9 a.m., and Mondays and every Wednesday through Friday at 11:30 a.m. at the chapel. Catholic Reconciliation is by appointment, Saturdays at 4:30 p.m. and Sundays at 6 p.m. R.C.I.A. is Wednesdays at 7 p.m. in the chapel conference room.

Protestant services General
Protestant worship service is Sundays at 11

a.m. and the contemporary praise and worship service and Bible study is Wednesdays at 6 p.m. Both services are conducted in the chapel.

**Gospel** Gospel services are Sundays at 1 p.m. and the inspirational praise and worship service is Fridays at 7:30 p.m. at the chapel.

**Sonlight Inn hours** The Sonlight Inn is open every Sunday through Thursday from 6 to 10 p.m. Fridays from 6 p.m. to midnight, and Saturdays from 6:30 a.m. to midnight.

**Prayer and Bible studies** The chapel hosts several prayer and Bible study groups at the chapel and Sonlight Inn. Groups include:

☐ Men's Bible study Sundays at 5 p.m. at the Sonlight Inn, room 2.

# Chely Wright



# Oct. 25 at 7 p.m. in Hangar 2

☐ Gospel Bible study Sundays at 11 a.m. at the Sonlight Inn, room 2.

☐ Women's Bible study and fellowship Tuesdays at 6:30 p.m. at the Sonlight Inn, room 2.

☐ Protestant Bible study Sundays at 9:45 a.m. at the Sonlight Inn, room 1.

☐ Intercessory prayer Saturdays at 8:30 p.m. in the chapel conference room.

## Miscellaneous

**Talent for concert** The 38th Fighter

Group is hosting a joint concert Oct. 27 for the 8th Fighter Wing on base and is looking for people with musical talent who are interested in participating. The Republic of Korea air force will have two bands perform and would like to have 8th FW bands perform also. For more information, call the Public Affairs Office at 782-4705.

**Self-help center closed** The 8th Civil Engineer Squadron Self-Help Center will be closed Wednesday 8:30 to 1 p.m. for required training.

Submit your events for Bulletins by sending an e-mail to wolfpackwarrior@kunsan.af.mil.

# FREE CLASSIFIEDS

To submit an item for Free Classifieds, send an e-mail to wolf-packwarrior@kunsan.af.mil with "classifieds" and the category (Wanted, For Sale or Lost & Found) in the subject block. All submissions must contain member's rank, name and phone number and must originate from the member's e-mail account. No "personal" ads will be accepted. Deadline for submissions is noon Friday a week prior to desired printing. For more information, call 782-4705.

#### Wanted

#### For Sale

Singer for a local '80s and '90s hard rock band. Band has needed equipment and about a 40 song set list. Contact Cy at 782-8793, or JC at 782-9553.

lomega 250mb USB powered ZIP Drive with 1 250mb and 1 100mb ZIP disk. \$45.00. Call Tech. Sgt. Robert Lloyd at 782-4501

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- www.dfas.mil/mypay/

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#### Army & Air Force Hometown News Service

Keeps your family and friends back home informed

For more information, stop by the 8th Fighter Wing Public Affairs office or call 782-4705

# Need a taxi? Call 782-4318

# Free breakfast and fellowship

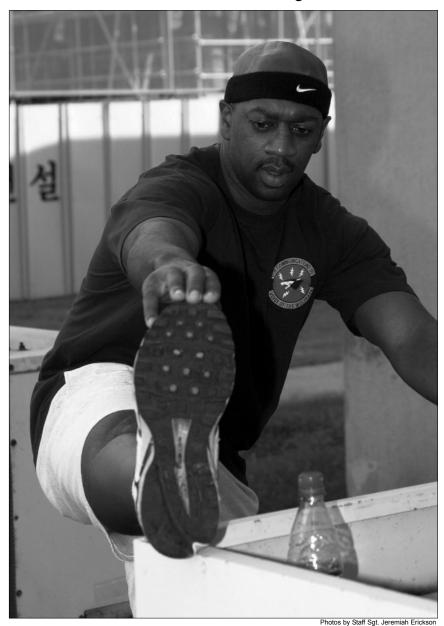
8 to 11 a.m. Every Saturday at the Sonlight Inn



# Above & Beyond Continue your career in the Air Force Reserve

Master Sgt. Mark Kosht Air Force Reserve Recruiter DSN (315) 634-5174 mark.kosht@kadena.af.mil

# Columbus Day weekend 5-K run



STRETCH: Joe Watts, 8th Communications Squadron, stretches near the fitness center prior to the 5-Kilometer fun run held Sunday.



**RUN:** Trevor Burnett, 8th Medical Operations Squadron, crosses the finish line with a time of 18 minutes, 34 seconds during the 5-K fun run held Sunday.



SIGN UP: Lee Jansen, 8th MDOS, registers for the 5-K fun run.

## Winners of Columbus Day weekend sporting activities

Winners of the women's 5-K run: First place: Rebecca Hardenburgh, 8th Aircraft Maintenance Squadron Second place: Kristen Buckley. 8th Civil Engineer Squadron Third place: Shawna Romero, 8th AMXS

Winners of the men's 5-K run: First place: Trevor Burnett, 8th Medical Operations Squadron

Second place: Charles Davis, 8th Fighter Wing Third place: Gerardo Fonseca 8th Logistics Readiness Squadron **Softball Tournament Double Elimination** 8th LRS

Men's varsity vs. Kunsan's all stars basketball game Varsity Team 73

# Karl Malone guarantees POW/MIA recognition

All Star Team 51

By Tech. Sgt. Mark Munsey 15th Airlift Wing Public Affairs

#### HICKAM AIR FORCE that passionate people wear their hearts on their sleeves. For Los Angeles Lakers' forward Karl Malone, he chooses

to wear his on his shoe. There are more than 88,000 Americans still unaccounted for in all conflicts. The Lakers could sell out every home game and be well into the sixth game of the season before the fans outnumber those prisoners of war or missing in action yet

to be returned to U.S. soil. Like many others, the idea of having unaccounted American military members greatly upsets the Lakers' most seasoned veteran.

"I've had so many friends and family, like my grandfather, who served in the military, and it always reminds me of the American POW/MIAs," Maione said.

And it always brings him back to the same discomforting thought, he said. "It seems like sometimes they are forgotten."

Unlike others troubled by this idea, Malone set a plan in motion to do something about

His new sneaker is emblazoned with the POW/MIA emblem.

Every time the Lakers play on television, especially this summer when the U.S. national basketball team makes another Olympic gold medal run, the emblem will be front and center, he said.



**POW/MIA:** Los Angeles Lakers power forward Karl Malone wears a new basketball shoe with the POW/MIA flag. Designed in the off-season, the shoe debuted in the Lakers' preseason game vs. the Golden State Warriors in Honolulu Oct. 7.

"I have the POW/MIA flag everywhere. I fly it on my trucks," said the 6-foot, 9-inch power forward. "When my new shoe deal was coming up, and they asked me about how I wanted it to look, I just thought having the flag on there was a good idea."

It will not be a short-term design either, he said. The flag will remain a part of his uniform for the duration of his

"It's just my way of saying thanks, both to those serving now as well as our POW/MIAs," he said.

### **SPORTS SHORTS**

#### Chief of Staff fun run

The health and wellness center and fitness center's chief of staff of the Air Force 1.5 mile fun run is Mondays. The run is at 5:30 p.m. on the service road behind the fitness

#### Soccer players needed

Wolf Pack soccer players are needed. Practice is 6:30 to 8 p.m. Tuesdays and Thursdays and 3:30 to 5:30 p.m. Saturdays at the track. Games are held Saturday and Sunday at the soccer field. For more information, call Tech. Sgt. Timothy Fearney at 782-5274 or Staff Sgt. Danny Hidalgo at 782-

#### Aerobic instructors needed

The fitness center needs aerobic instructors. The 8th Services Squadron will pay certified instructors to teach classes. For more information, call 782-4026.

#### Spinning instructors needed

The fitness center needs two to three spin class instructors to teach spinning classes. The 8th Services Squadron will pay certified instructors. For more information, call 782-



Falcons dominate UNLV, 24-7

U.S. Air Force Academy defensive back Dennis Poland (left) drills a University of Nevada, Las Vegas, receiver as he attempts to make a catch across the middle of the field. Poland and the rest of the Falcon defense knocked the wind out of the UNLV passing game holding them to 250 total yards.

#### Intramural bowling league

The fall intramural bowling league began the first week of September. People interested in bowling should call their units sports representative.

# PACAF - Fit to Fight

#### **Martial Arts Classes**

Budo Taijutsu/Ninjutsu Noon Saturday and Sunday - FREE

#### Tae Kwon Do

8 to 9 p.m. Monday to Thursday

#### Kuk Sool Hapkido

7 a.m. and 7 p.m. Monday to Friday

#### Tang Soo Do

6 a.m. and 7 p.m. Monday to Friday

## **Notice**

Please return any towels belonging to the Wolf Pack sports and fitness center

# **Golf course**

The West Winds Golf Course offers many services including golf club rental, pull cart rental, handicapping services, intramural golf, golf lessons and club fittings. People desiring to compete in tournaments are required to have a handicap. Handicaps can be established by turning in scorecards to the pro shop with name and date estimated return from overseas. Establishing a handicap is free.

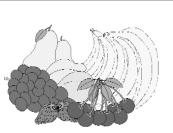
The fitness center has personal trainers on staff to help people set up personalized workout programs. For more information, call 782-4026.

#### **Fitness center hours**

**Monday to Friday** 4:30 a.m. to midnight

Weekends, holiday and down days 8 a.m. to midnight





# **Tips to Healthy**

Eat moderate portions:

If you keep portion sizes reasonable, it's easier to eat the foods you want and stay healthy. Did you know the recommended serving of cooked meat is 3 ounces, similar in size to a deck of playing cards? A medium piece of fruit is one serving, and a cup of pasta equals two servings. A pint of ice cream contains four servings.

Refer to the Food Guide Pyramid for information on recommended serving sizes.

Courtesy of the health and wellness

# CSAF's Fitness Challenge: Week Seven

Joel Richardson Health and wellness center exercise physiologist

As you enter the seventh week of the Air Force Chief of Staff's Fitness Challenge, you should be progressing in your workouts and improving your fitness level. This week's article focuses on a number of safety topics to help you stay injury free and allow you to keep increasing your fitness level.

Cold weather workouts: as the weather starts to get cooler, make sure to devote a little more time to warm-up and cooldown exercises than you did in the summer. Cooler weather can sometimes make for tighter muscles, so make sure to prepare for any workouts you are doing outdoors with a good warm-up and proper workout clothes, as well as gloves and a hat, if appropriate.

Exercising after sunset: if you are going anywhere at Kunsan Air Base after dark, whether exercising or not, a reflective belt should be worn. Based on a letter dated Aug. 21 from Col. Robin Rand,

8th Fighter Wing commander, it is mandatory to wear a reflective belt when in uniform, and highly encouraged anytime outside after dark.

Proper footwear: regardless of what kind of shape you are in, exercising without the right kind of shoe can cause injuries. Take the time to select the right kind of shoe, referring to the 'shoe selection' chart at the base exchange. For further assistance, contact the 8th Medical Group Physical Therapy Clinic at 782-5740.

Extra precautions for bicyclists: make sure you have appropriate clothing that keeps you warm, and draws moisture away from your body. Doing this will help prevent hypothermia. Also, make sure to wear a reflective vest at all times. Don't forget your helmet too.

Doing these things, combined with some of the other lessons you've learned through CSAF's Fitness Challenge, will help get the most out of your workouts and allow you to continually progress towards higher fitness goals.

## **CSAF FITNESS CHALLENGE** WORKOUTS, WEEK 7:

For those of you doing some resistance training on the FitLinxx workout system, do three resistance training workouts this week, with each workout consisting of two sets of 10 repetitions per set for each exercise. Take as much rest as you need between sets.

#### **Beginners: Three workouts this week**

Monday: 30-minute workout; five-minute warm-up, followed by a 60-second powerwalk or jog, with 15 seconds recovery. Heart rate should be 65 to 75 percent target heart rate.

Wednesday: 30-minute workout; five-minute warm-up, followed by a 60-second powerwalk or jog, with 30 seconds recovery. Heart rate should be 65 to 75 percent THR.

Friday: 35-minute workout; five-minute warm-up, followed by a 90-second powerwalk or jog, with 30 seconds recovery. Heart rate should be 65 to 75 percent THR.

#### Intermediate: Four workouts this week

Monday: 40-minute run at 65 to 80 percent THR. Tuesday: 45-minute cross-training workout at 60 to 70 percent

Wednesday: 35-minute run at 70 to 85 percent THR. Friday: 45-minute cross-training workout at 65 to 80 percent THR.

#### Advanced: Five workouts this week

Monday: 45-minute cross-training at 70 to 85 percent THR. Tuesday: 60-minute cross-training workout at 60 to 70 percent

Wednesday: 45-minute cross-training workout at 70 to 85 percent THR.

Thursday: 45 to 60-minute run at 60 to 70 percent THR. Friday: 5-minute warm-up, followed by a 25-minute run at 80 to 85 percent THR, then 5 minutes at 60 to 75 percent THR. Finish with a 20-minute run at 80 to 85 percent THR.

# Airman prepares for All World power-lifting meet

By Senior Airman Sarah Clark

51st Fighter Wing Public Affairs

**OSAN AIR BASE,** Republic of Korea — Two hours a day, five days a week, he repetitively lifts several hundreds of pounds of weights in preparation for the peninsula-wide meet Nov. 15 being held here.

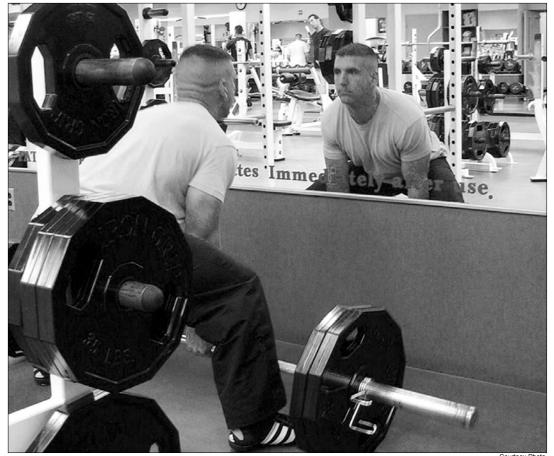
Joe Whitcomb, 607th **Combat Communications** Squadron, a Team Osan staff sergeant stationed at Camp Humphreys, is a power lifter.

This sport helps him meet Air Force standards.

"I have to manage my weight," he said. "I can't go over 198.25 for my category, which is over the weight max for the Air Force, but my body fat is really low."

Whitcomb also says the sport is in line with the core values.

'I am always seeking to achieve excellence," he explained. "There is integrity in this sport because every meet is tested. I am representing the Air Force and hopefully this sheds a favorable light on the military and the Air Force."



Joe Whitcomb, 607th Combat Communications Squadron, works out at the Osan fitness center in preparation for the peninsula-wide competition.

Whitcomb began his weight lifting career at the age of 15 when he began body building. He switched to power lifting in May and

won the 181 to 198 pounds category at the inter-military national competition in July.

The meets consist of three different scored events:

squat, bench and dead lift. Whitcomb lifted 451 pounds in the squat, 358 pounds in the bench and 501 pounds in the dead lift.

# Gimje Horizon Festival



**STATUE:** 1st Lt. Peter Crispell and Han, Chol Hui, both of the 8th Civil Engineer Squadron, read about a statue at the temple at the Gimje Horizon Festival.



**IRRIGATION:** Airman 1st Class Natalie Baros, 8th Logistics Readiness Squadron, gets the hang of old irrigation techniques with the help of a local expert during the Gimje Horizon Festival Oct. 2. The festival is a celebration of the rice harvest. About 60 Wolf Pack members attended the festival in Gimje City.



**DRUMS:** Local Korean women play drums and dance during a ceremony at the Gimje Horizon Festival.



Photo by Master Sgt. Gregory Sci PUPPET SHOW: Hundreds of Korean students enjoyed the events at the Gimje Horizon Festival including this puppet show.



**GRINDER**: Tech Sgt. Linda Ziesmer, 8th Communications Squadron, grinds dried rice plants on a wheel with the help of Korean locals.







RICE FESTIVAL: Left:
Korean locals wave flags

Korean locals wave flags during a ceremony at the festival.

Middle: Airman Stephanie Gimenez, 8th LRS, gets some assistance on an ancient irrigation wheel from a Korean local during the festival.

Right: (From left to right) Senior Airman Brooke Garner, 8th Operations Support Squadron, Senior Airman Tracy Stone and Airman Gimenez, 8th LRS, check out the cuisine of a local yendor.